



## TALK IT OVER | Week 5

### THIS WEEK'S DISCUSSION STARTERS:

1. Do you remember where you were on September 11th?
2. Share with the group one thing that was said on Sunday that stood out to you.

### KEY SCRIPTURES & QUESTIONS

1. What is happening in our world has the potential to make us feel powerless, uncertain, and sometimes, frankly, out of control. Would you agree with this statement? Why?
2. **Read Romans 7:15-23**  
Do you, personally, identify with the war Paul describes?
3. **Read 2 Corinthians 10:1-5**  
Discuss as a group the way Paul encourages us to fight as believers.

#### How do we win the mind game?

4. **Don't Believe Everything You Think** - Jeremiah 17:9; 1 John 1:8  
Scripture states that we are at war with our sinful nature, and our hearts are more hopelessly deceitful than we realize. This means that we easily lie to ourselves about what we really think. How can honesty and the Word of God help us to overcome this dilemma?
5. **Live Exposed** - Romans 5:8  
We tend to put on spiritual masks to present a version of ourselves that we want others to see. How do these masks affect the way we interact with the world and other Christians? In what ways can God be honored when we're honest with ourselves and others about our shortcomings?
6. **Guard Your Mind** - Proverbs 15:14; Philippians 4:6-8  
What are you feeding yourself every day? What do you think about? What do you have your mind set on?  
What should you think about to bring peace to your life and increase the evidence of God in yourself and to those around you?
7. **Use Your Words** - Proverbs 10:11  
How can we be more mindful of the words we use when interacting with those who disagree with us? When we're under stress? When we feel powerless or out of control?

### PRAY TOGETHER

1. Share a "high" of your week.
2. Share a "low" of your week.
3. Pray.

FIND **KEY SCRIPTURES** ON THE YOU-VERSION APP